



Register to Join KDZ & Teens Online Lessons

LH Families, I'm Nekebra Stephenson, your LH Director of KDZ (Kidz Discovery Zone) and on behalf of Pastor Keion Henderson & The Lighthouse Church, we are praying for you & your families. We are praying for safety and most importantly for hope and wisdom as you navigate this time within the context of your family, because this will look different for each of you.

As a church, we want to come alongside you and provide resources and tools to help you. It's unfortunate that we have to go through this, but the reality is that we are Christ followers and there is always HOPE in each and every situation. We have defined hope for your kids as believing that something good can come out of something bad.

Yes, your kids are home now and you have to figure out how to keep them entertained in a healthy and safe way. We as a church will help provide you with as many resources as possible during this time. The hope in all of this is that YOU have an opportunity to lean in and leverage these moments with your kids and connect with them on another level.

Maybe you've never had a hard conversation with your kids about anxiety or fear. If that is the case, then this is an opportunity to ask the kinds of questions that will allow your kids to feel safe enough to talk about anxiety and fear. The first conversation may be difficult but it will get easier over time. Your kids will feel like they can keep talking to you; not just during this time as we deal with the Coronavirus (COVID-19), but whenever difficult things occur in their life like a school test, a bullying incident or death in the family.

To help you navigate those conversations, we are providing you with age appropriate conversation guides that are linked below on this page.

Another resource we are linking you to is a way to do church at home with your kids. Our KDZ Team misses the opportunity to meet in person to teach your kids. We spend each week planning and preparing to create environments for your kids to connect with others and learn about God in a fun way.

Since we are not able to meet in person, we are now planning and preparing activities for you as a family to do at home. In the midst of this situation, we are happy to provide you, the PARENTS, with resources to guide these activities and spiritual conversations with your kids. We know this will help your kids to see you as their spiritual leader; which is the way that God intended it.

Take a look at the Israelites in Deuteronomy 6, as we see Moses telling the people that it is their duty to teach their Children about how the Lord had rescued them from Egypt. Their children were not alive to see or experience it, so it was their role to teach them.

Deuteronomy 6:4-9: (NIV) Hear, O Israel: The Lord our God, the Lord is one. **1a** Love the Lord your God with all your heart and with all your soul and with all your strength. **6** These commandments that I give you today are to be on your hearts. **7** Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. **8** Tie them as symbols on your hands and bind them on your foreheads. **9** Write them on the doorframes of your houses and on your gates.

So what does that mean for you this Sunday and how you can lead your children spiritually during the week? As a resource to you, we will send you a link to our content. When you click on the link, you'll see a video for preschool, elementary, pre-teen, and teens. Be sure to watch the age appropriate videos.

After watching the story content, you'll see a few additional links: One for an at-home activity based on each age group. This link will provide an activity for your family to do together and some conversations to lead your kids in so you can reinforce the lesson and help them learn to apply it. Another link you'll see is for the elementary Godtime Cards and Teen Tuesday "Power Up" Devotionals. Elementary is a weekly devotional that we provide our elementary school students with each Sunday. They can learn to open up God's Word (either physically or digitally) and the daily devotionals help them learn how to apply it to their lives! Students can read the lesson on their own and then you can have a follow-up conversation with them afterwards.

We really hope that you utilize these resources to help your child during this time. Don't let this be a time of panic but instead prayer filled with worship over worry and faith over fear. Let's be the light in the lives of those around us and we want to encourage you to be the light in the lives of your kids.

We Love You & We're Praying For You.

Anxiety Conversation Guides

[Managing Fear & Anxiety During a Health Pandemic](#)

Crisis Conversation Guides

[Manejando El Miedo y La Ansiedad Durante Una Pandemia De Salud](#)

In His Service,

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